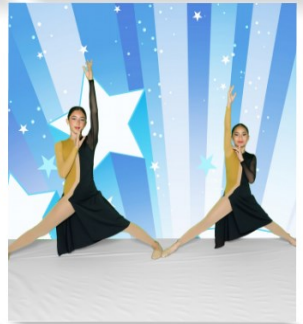
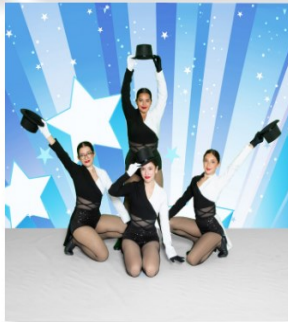
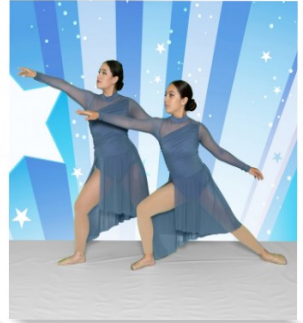


Christine Belpedio's School of Dance

Fall Brochure 2023-2024



5945 W. Belmont Ave Chicago, IL 60634
773-745-1383
www.christinebelpediobalancedance.com

STUDIO 1: SCHEDULE 2023-2024

(ALL CLASSES ARE CO-ED)

MONDAY

4:30-5:30 pm	Mexican Folkloric II (10-12)
5:30-6:30 pm	Mexican Folkloric I-II (7+)
6:30-7:30 pm	Mexican Folkloric III (13+)
7:30-8:30pm	Mexican Folkloric Adults

TUESDAY

4:30-5:30 pm	Latin Dance I-II (9-11)
5:30-6:30 pm	Latin Dance with mom or dad (open) <u>OR</u> Creative Movement (3-4)
6:30-7:30 pm	Latin Dance I-II (12+)
7:30-8:30pm	Latin Dance Adults

WEDNESDAY

4:45-5:45pm	Ballet/Tap I+ II (7-9)
6:00-7:00pm	Latin Team Jr. Training (10-12)
7:00-8:00pm	Latin Dance IV (14+)
8:00-9:00pm	Latin Dance /Partnering II+ (13+)

THURSDAY

4:30-5:30pm	Contemporary/Lyrical II (10-12)
5:30-6:30pm	Contemporary/Lyrical II+ (13+)
6:30-8:00pm	Jazz II+ (13+)
8:00-9:00pm	Stretch & Conditioning (open)

SATURDAY

9:00-10:00am	Ballet /Tumbling (4-6)
10:00-11:00am	Tap II (10+)
11:00-12:00pm	Latin I-1+ (6-8)
12:00-1:00pm	Latin Team Jr. II + (10-12)
1:00-2:00pm	Latin Team Sr. III-IV (open)
2:00-3:00pm	Tap III (open):

REQUIREMENTS

Demi-Pointe/Pointe: Must be enrolled in a Ballet Class

Contemporary/Contemporary Teams: Must be enrolled in a Ballet class

Latin Performance Teams: Must be enrolled in a technique class

(Ballet, Contemporary or Jazz)

STUDIO 2: SCHEDULE 2023-2024

(ALL CLASSES ARE CO-ED)

MONDAY

4:30-5:30pm	Jazz I+II (7-10)
5:30-6:30pm	Jazz II (10-12)
6:30-7:30pm	Tap I (10+) <u>OR</u> Jazz I (10+)

TUESDAY

4:30-5:30pm	Ballet/Tumbling I (5-8) <u>OR</u> Creative Movement (3-4)
5:30-6:30pm	Acrobatics II (9-12)
6:30-7:30pm	Acrobatics II (6-8)
7:30-8:30pm	Acrobatics III-IV (open)

WEDNESDAY

5:00-6:00pm	Hip Hop II+III (10+13)
6:00-7:00pm	Hip Hop I-II (9-12)
7:00-8:00pm	Hip Hop I-II (13+)
8:00-9:00pm	Hip Hop Adults <u>OR</u> Ballet I (open)

THURSDAY

4:30-5:30pm	Ballet/Tap I-I+ (5-7)
5:30-6:30pm	Ballet I-I+ (11+)
6:30-8:00pm	Ballet II-III (13+)
8:00-9:00pm	Pointe (open)

SATURDAY

8:00-9:00am	Ballet I (7-10)
9:00-10:00am	Ballet II (9-12)
10:00-11:00am	Hip Hop I (6-8)
11:00-12:00pm	Hip Hop I-II (9-12)
12:00-1:00pm	Hip Hop Sr. Team (14+)
1:00-2:00pm	Hip Hop Jr. Team (9-12)
2:15-3:15pm	Boys Ballet (open)



Level I-I+: Beginner to one year of training	Level II+: Two to Three years of training
Level I-II: One or two years of training	Level III: Three or more years of training
Level II: Two years or more of training	Level IV: Four or more years of training

Class placement is at the discretion of the teacher or director, and it is not solely based on age or number of years of study. All dance classes are subject to change depending on enrollment, must have 6 or more students enrolled to open a class. During the month of September and October, teachers will be evaluating the students to be sure they are placed in the correct class. If your child needs to be moved to a different class level, we will inform the parent.

CLASS DESCRIPTIONS

ACROBATICS: Acrobatics encompasses tumbling that builds on coordination, flexibility, balance and strength. Learn rolls, cartwheels, flip-flops, double/partner stunt work and much more. This class is for Gymnastics lovers.

BALLET: A must for any dancer, Ballet is the foundation for all forms of dance. Class consists of a classical ballet barre for warm up, center work, and traveling exercises. Terminology is taught along with proper placement, balance, and the development of classical poise and grace. Studying ballet improves balance, posture, coordination, flexibility, musicality and helps in sports for both boys and girls.

TAP/BALLET COMBO: Is an introduction to dance for the young dancer between the ages of 5-8. You will learn the basics of Tap for 30 minutes and Ballet for 30 minutes.

TUMBLING/BALLET COMBO: This class is designed to help your child develop coordination, gain strength, and become more disciplined. Learn the basis of Ballet that will improve your technique as you continue with Dance throughout the years! This class is 30 minutes of Tumbling, 30 Minutes of Ballet. Ages 5-8.

BALLET BOYS: This class will focus on conditioning , strength, discipline, flexibility, placement, coordination, musicality and prepare students for partner work. Become more agile and get the edge in your sport of choice.

CONTEMPORARY: Is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Contemporary dance strives to connect the mind and the body through fluid dance movements. It stresses versatility and improvisation; focuses on floor work using gravity to pull down to the floor.

HIP HOP: Hip Hop dancing covers a large range of styles and specific moves and techniques. This is an intense, high energy dance class. Get a full body workout and improve your ability to execute body isolations, and learn the latest hottest moves. This class is our most popular for children and adults.

JAZZ: Jazz dance technique develops a dancer's coordination, flexibility, and rhythm with stylistic diversity. With the use of isolations, jumps, turns, and stretching, Jazz dance refines how a dancer's body moves as well as teaches versatility. Classes consist of center floor warm up, stretching, across the floor technique, and center dance combinations. Learn a dance routine to your favorite pop song.



CLASS DESCRIPTIONS

LATIN DANCE: Learn hot Latin dance moves and routines. Learn footwork, partner work and fierce styling to enhance your dance moves. Learn how to Salsa, Merengue, Bachata, Cha-Cha, Mambo and much more.

LATIN DANCE WITH MOM OR DAD: Fun introductory Latin dance class for kids with Mom or Dad. This is the perfect class for bonding with your child while learning Latin dance steps and partner work.

MEXICAN FOLKLORIC: Learn the traditional Mexican dances and the culture of Mexico through footwork, skirt movement and performances. Learn traditional choreography along with the history of various dances from different states and regions of Mexico.

POINTE: Must have at least 3 years of classical Ballet training to be evaluated to go on Pointe. Training in Pointe begins only after the dancer is able to demonstrate ankle and arch strength, balance, clean and steady execution of exercises. Students will improve strength and learn more difficult movements, while improving step transitions, fluidity of movement, and presentation.

PRE-BALLET/CREATIVE MOVEMENT: This class is designed to teach students how to use movement as means of expressions and communication. Students will learn songs, Pre-Ballet steps, work with props and develop coordination. They will learn discipline and social skills.

STRENGTH AND CONDITIONING: This class involves a wide variety of exercises to improve your core strength, agility, flexibility and endurance for dance and general fitness. (This class is for anyone)

TAP: Tap dance is the most rhythmic form of dance. Dancers will learn to create music with the use of their feet. Studying tap dance is an excellent way for a dancer to increase coordination, precision and develop a sense of rhythm, timing, and expression.



Artistic Director/Owner: Ms. Christine Belpedio-Fosco

Please contact Ms. Christine should you have any questions or concerns.

Office Manager: Rosa Moy

If you have any questions regarding your account/billing, make-up classes or any other questions or concerns, please see Ms. Rosa. Se Habla Español.

Instructors:

Dance Teachers on staff are performers and professional instructors with many years of teaching experience. We want to assure you that your child will have a great dance education here at CBSD. Our goal is to teach your child in a fun and safe atmosphere.

INSTRUCTORS



Ms. Christine Belpedio-Fosco

- ◆ *Owner, Artistic Director, Teacher and Choreographer for 45 years at Christine Belpedio's School of Dance.*
- ◆ *Studied Ballet, Tap, Jazz, and Tumbling in New York, Chicago, and California. Started dancing at the age of 6.*
- ◆ *Certified Member of Dance Education of America.*
- ◆ *Performed professionally throughout the Chicagoland area with the troupe "Entertainer's".*
- ◆ *Former Honey Bear Dancer for the Chicago Bears.*



Ms. Alicia

- ◆ *Currently enrolled in North Eastern University with a minor in Dance.*
- ◆ *Trained in Ballet, Latin, Hip Hop, Contemporary, Tap and Jazz.*
- ◆ *Has performed at various well known events including Chicago International Salsa Congress and the Chicago Bachata Salsa Fest.*
- ◆ *Started Dancing at Christine Belpedio's Studio at the age of 4.*
- ◆ *Recently opened for French Montana and Jerry Rivera.*
- ◆ *She is a professional Latin instructor as well as a performer.*



Ms. Alyssa

- ◆ *Specializes in Acrobatics, Hip Hop, Jazz, Lyrical and Creative Movement*
- ◆ *Has performed in various teams through out the city*
- ◆ *Has choreographed routines for many local school teams*
- ◆ *She is known for her passionate, enthusiastic and inspiring positive energy.*
- ◆ *"I teach to inspire and enliven"*

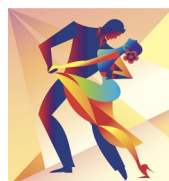


Ms. Francesca

- ◆ *Graduate from University of Illinois.*
- ◆ *Professional Hip Hop Dancer and Instructor for more than 8 years.*
- ◆ *Performed with Hip Hop Companies: Deeply Rooted Dance, Coda, Urban Dance, Boom Crack, and Puzzle League.*
- ◆ *Started dancing at Christine Belpedio's School of Dance at the age of 3.*
- ◆ *Trained in Tap, Acrobatics, Ballet, Jazz and Hip Hop.*
- ◆ *Versatile Dancer in many genres of dance.*



Vamos a
BAILAR



INSTRUCTORS



Mr. Jose

- ◆ *Latin dance performer and instructor for over 7 years.*
- ◆ *Has performed at various well known events including Chicago International Salsa Congress and the Chicago Bachata Salsa Fest.*
- ◆ *Performed internationally and locally throughout Chicago.*
- ◆ *Company member in several Latin dance companies for several years.*
- ◆ *Has taught for CBSD Latin Performance Teams for over 5 years.*



Ms. Miriam

- ◆ *Mexican Folkloric Instructor and Performer from Guadalajara in Mexico for over 25 years.*
- ◆ *Choreographed large group performances from various regions.*
- ◆ *Studied at the University of Guadalajara.*
- ◆ *Dance instructor for SEP and DIF in Mexico.*
- ◆ *Professionally performed for "La Casa de la Culture" in Mexico.*



Ms. Racheal

- ◆ *Freelance dancer that has performed for many music artist and performed in various music videos.*
- ◆ *Has performed in "World of Dance" Chicago*
- ◆ *Has traveled to choreograph for teams throughout Illinois*
- ◆ *Graduated from Collage of DuPage with a degree in Fine Arts*
- ◆ *Specializes and Teaches in Acrobatics, Lyrical and Jazz.*



Ms. Sabrina

- ◆ *Graduate of DePaul University.*
- ◆ *Teaches all levels of Ballet, Pointe, Jazz, Contemporary and Poms.*
- ◆ *Has several years of teaching experience with Recitals, Dance - Competitions and Choreography.*
- ◆ *She is a professional Dance Instructor and Poms Coach.*
- ◆ *Has taught in the Chicagoland areas and surrounding suburbs.*



DRESS CODE

ACROBATICS - Any color leotard or biketard. Fitted dance shorts are optional; must wear footless tights. Males: loose comfortable clothing, shorts or pants with elastic on the bottom. Must be barefoot.

BALLET/TAP COMBO - Black or Pink leotard with skirt optional. No T-shirts or pants are allowed. White, pink or light toast tights. White ballet shoes and white tap shoes.

BALLET/TUMBLING COMBO - Any color leotard or biketard. Must wear convertible or footless tights. White Ballet shoes.

BALLET/POINTE - Black leotard only. Ballet skirts, fitted dance shorts, or dance knitwear is optional. Pink tights and Pink Ballet shoes.

BOYS BALLET- White shirt or white tank shirt. Black dance pants or boys tights. Refer to picture in the dance studio of what to wear.

CONTEMPORARY /LYRICAL - Black leotard, fitted camisole, solid crop top./sports bra with Fitted dance shorts. Suntan stirrup tights/footless tights optional. Tan foot undeez or Capezio turners. May be required to dance barefoot.

HIP HOP- Must wear solid black t-shirt or hip hop t-shirt and sweatpants from CBSD. (moveable clothing). No jeans or street shoes. Black Hip Hop shoes.

JAZZ - Black leotard or sports bra. Jazz fitted pants, capris, leggings, and shorts are optional. Light toast tights. Tan Jazz shoes (6-12) and Black Jazz shoes (13+).

LATIN DANCE / LATIN DANCE WITH MOM OR DAD - Black leotard, fitted camisole ,solid crop top ,or Latin T-Shirt , black leggings, dance fitted shorts, or skirt. Must wear Suntan tights if wearing shorts or skirt. Black Character shoes. Males: Black solid t-shirt or tank with black moveable pants. Black Cuban or Jazz shoes.

MEXICAN FOLKLORIC - Black leotard or fitted camisole. Must wear with black leggings or suntan tights plus a wide, ruffled practice skirt. A practice skirt is mandatory for this class. You will have to purchase the skirt through CBSD. Black character shoes. Males - Black solid t-shirt and folkloric ankle boots.

PRE-BALLET/CREATIVE MOVEMENT - Any color leotard or biketard, white or light toast tights, and white ballet shoes. *Males*: fitted tee, lightweight pants and black Ballet shoes.

TAP - Black or pink leotard only. Dance fitted pants, capris, leggings, and shorts are optional. *Males*: black solid t-shirt and black pants. Must see ankles. Black Tap shoes.

- ◆ When students follow the proper dress code, it ensures the instructor's ability to see a dancer's alignment and positioning. A dress code will also teach students discipline and help them with overall focus and energy.
- ◆ For all classes, hair must be pulled back neatly in a bun or a ponytail. For Ballet class, hair must be in a bun. No jewelry allowed in any class.

STUDIO RULES & POLICY

DRESS CODE: Students must follow CBSD's dress code for all dance classes. If a student fails to wear the appropriate attire and hairstyle before entering the studio, it is at the teacher's discretion to dismiss the student from class. Do not wear dance shoes outside, especially TAP shoes—the concrete damages the metal plates and will scratch the dance floors! *Street shoes are NOT permitted on the dance floor.*

ABSENCES: If a student must miss class, a parent must notify CBSD at least 24 hours in advance. If a student misses 3 consecutive classes without properly notifying the studio, students will not be allowed to attend class without the instructor's permission. Excessive absences may result in dismissal from the annual dance recital. There are no refunds on costume or tuition if you are dropped from a class during the dance season.

TARDINESS: CBSD students are expected to arrive at the studio with enough time to prepare for class. If a student is running late, a parent must notify CBSD. If a student is 15 minutes late or more, it is at the instructor's discretion to allow class participation.

MAKE-UP CLASSES: If students miss class, they must take a make-up class in the same style of dance within 30 days. Students will be not allowed more than 5 make-up classes per year; please note that no make-up classes will be granted after March 1st, 2023. There are no refunds or deductions from tuition for missed classes. To make up a class, students must go to the front office to receive a make-up slip to give to the instructor at the beginning of class.

ATTENDANCE: It is essential for dancers to attend all classes in a punctual manner! Please strive for perfect attendance. Students with perfect attendance from October 1st to June 1st will receive a trophy at CBSD's 2024 Dance Recital! Arriving 15 minutes late or leaving 15 minutes early will be considered an absence. In order to receive the perfect attendance award, students must attend your enrolled dance classes (make-up classes do not count).

Remember: Excessive absences may result in dismissal from the annual dance recital.

Snow days: CBSD will be closed if CPS schools are closed due to weather.

STUDIO RULES: Only registered students are allowed in the dressing room/dance floors. Parents, please do not interact with/distract students during class time. No gum is allowed in the studio. No food or drinks are allowed on the dance floors, water only! No eating is permitted in the dressing room. No profanity is tolerated in or around CBSD. No cell phones are permitted in the classroom. All personal belongings must be locked in lockers. CBSD is not responsible for any lost or stolen items.

STUDIO ETIQUETTE: CBSD students are expected to behave properly while in class. Students must always be respectful to all peers and instructors. Disruptive students may be removed from the class. Students may wait and warm up quietly in the hallway until their class starts. For their own safety, children must always be supervised in the lobby. The lobby can get crowded, so please be patient and respectful of other people. Please know that only registered students are allowed inside the dance studio and dressing rooms.

REFUNDS: Should any student fail to comply with all CBSD's studio rules and code of conduct, there will be no refund for tuition.

MONTHLY TUITION DANCE RATES

1 Dance Class per Month (4 Classes)	\$56.00
2 Dance Classes per Month (8 Classes)	\$112.00
3 Dance Classes per Month (12 Classes)	\$162.00
4 Dance Classes per Month (16 Classes)	\$208.00
5 Dance Classes per Month (20 Classes)	\$250.00

Add \$48.00 for each additional class after the 5th class.

Ballet 1.5 class is \$84.00 Drop-in rate is \$16.00.

September and June tuition will be combined to complete a full month tuition. Monthly tuition is based on 9 monthly payments (September – June). Monthly tuition remains the same every month regardless of holidays and scheduled breaks. If a class is cancelled by CBSD, a make-up class will be scheduled. Missed classes must be made up within 30 days.

Tuition will not be prorated, refunded, or adjusted for missed classes

TERMS OF REGISTRATION

There is a yearly \$25.00 registration fee per family. Tuition is due at the time of registration. Tuition payments are due by the 1st to the 5th of each month. Payments not received by the 6th of each month you will be charged a \$10.00 late fee. There is a \$30.00 fee for any returned checks. **If paying by credit card there is a \$2.00 service fee added per transaction.** Tuition and all fees are non-refundable and non-transferrable. Refunds will only be given if a class is cancelled due to insufficient enrollment. For your convenience we now offer Monthly Auto Pay. Please come to the office to fill out a Credit Card authorization form.



Christine Belpedio's
Quinceañera

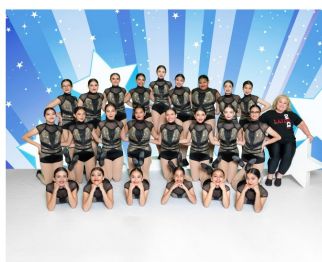
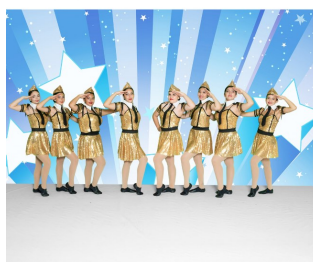


We can choreograph a variety of dances for your special event. This includes popular Surprise Dance styles such as Latin Dance, Hip-Hop, Mexican Folkloric and much more! Our instructors will help you have an amazing and memorable experience. We offer custom packages to meet all your needs. You can also hire our experienced chambelanes or damas for your dances.

BOOK YOUR SPECIAL EVENT NOW!!!

CALENDAR OF EVENTS

Dance Semester Starts	Monday, September 18th 2023
Wear your Halloween Costume	Wednesday, October 25th until Halloween Day
Costume Deposit Due	Saturday, November 11th 2023
Thanksgiving Break – Closed	Monday, November 20th to Sunday, November 26th 2023
Classes Resume	Monday, November 27th 2023
Winter Break – Closed	Friday, December 22nd to Sunday, January 7th 2024
Classes Resume	Monday, January 8th 2024
Costume Balance Due	Saturday, January 27th 2024
Spring Break-Closed	Monday, March 25th to Sunday, March 31st 2024
Classes Resume	Monday, April 1st 2024
Closed on Labor Day	Monday, May 27th 2024
Dance Semester Ends	Saturday, June 15th 2024
Picture Day at Dance Studio	Sunday, June 9th 2024
Tech Days @ Trinity H.S.	Wednesday, June 26th to Thursday, June 27th 2024
45th Dance Recital @ Trinity HS	Saturday, June 29th 2024





CBSD

presents

WINTER WONDERLAND SHOW

**SELECTED BALLET CLASSES AND
OTHER STYLES OF DANCE WILL
BE PERFORMING IN OUR HOLIDAY
SHOW IN DECEMBER**

**Must be registered by
September 18th to participate in
in our Winter Wonderland Show**

Registration Dates

**Friday, September 15th
3:00pm to 8:30pm**

**Saturday, September 16th
10:00am to 4:00pm**

Competition Auditions

**Hip Hop Jr (10-13) @ 5pm
Hip Hop Sr (14+) @ 6pm**

**Latin Jr (10-13) @ 6pm
Latin Sr (14+) @ 7pm**

Auditions on Friday September 8th